

Guide to Healing Oneself from Taking on Other People's Bad Karma
from the March 6, 2020 Clarity Radio Broadcast
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Below are the main points from the healing segment (Segment 4) from the March 6, 2020 broadcast. Bryan realizes that there are many more possibilities of oaths to be cleared but this is just a start.

Also, Bryan would like to say that our program is not meant to replace your religion or your church. You can still take part with your religion/church; just don't make oaths, vows and commitments.

Find a quiet place by yourself where you won't be disturbed, where you can concentrate on the healing. Repeat this for seven days in a row and be sincere. Those who are truly sincere will receive the benefit. At the end of repeating everything, ask God to free you and others.

Point 1: Find out who you have oaths to. Make a list of all the possibilities and record them somewhere so that you can refer to them when you denounce the oaths you may have made.

Possibilities:

- Family: your parents, family members, spouses, ex-spouses, ex-boyfriends, ex-girlfriends, all children (family and non-family), grandparents (family and non-family), brothers, sisters, steps, uncles, aunts, cousins.
- Groups (i.e. more than one person): Institutions, governments, religions, cults, countries, secret society clubs.
- God, Christ, Almighty God, whoever you believe God is.
- Yourself, animals, plants, anything else you can think of.

Remember: Do not make oaths, vows or any sort of "always"/"never"/"forever" statements, but if you do, make them with an escape clause... "subject to your discretion and your ability to change your mind." Add to the possibilities and make sure you can get out of it, so that you don't come into the matrix to attract bad stuff because you did not have any escape clauses.

Point 2: Denounce your oaths to man

- I will die for you
- I will suffer for you
- I will protect you
- I will be obedient to you
- I will be loyal to you
- I will go to hell for you
- I will be vaporized for you
- I will never go against you
- I will tell you everything
- I will take on your bad karma
- I will give you all my good karma
- I will die before you

Point 3: Denounce religious oaths (and false beliefs)

- I am born a sinner, always a sinner
- I must suffer for Christ
- There is only one life
- I agree not to challenge religion
- Oath of poverty
- Oath of chastity
- Not to get married
- Not to have children
- To defend and protect religion
- To die for religion
- One religion is the only true religion
- Vow to only accept the teachings of religion
- I am forever damned
- God is a punishing God

Point 4: Denounce oaths to God, Christ, Almighty God (and false beliefs)...

- I will die for You
- I will destroy the enemy for God/I will start World War III for God
- I will sacrifice myself for God
- I will be the slaughtered lamb for God
- I am always unworthy to receive God
- I will never be forgiven by God
- The Ten Commandments (and replace them with: Love your neighbour as

yourself and love God with all your heart, mind, soul and strength... to the best of your ability.)

- Only through religion God exists.
- There is no such thing as past lives.
- I will never be free from sin.
- The Bible is the true expression of God's total truth.

Point 5: Ask God to forgive you...

- for going with man's understanding of God
- for bringing harm against another in the name of God
- if you altered God's original creation
- if you brought harm against any true messenger of God, or any true gifted person
- for making oaths to man, to God, to anyone, to anything
- for forgiving others
- for holding onto anger, resentment, revenge, etc.
- for taking on the role of God.
- for suppressing God's truth.
- for being a false teacher
- for any other act or harm against self or others that you did or had some role in, directly or indirectly
- and if there is anything else you can think of at this point, ask God to forgive you for it/them.

Point 6: The spoken word

- Our spoken word is very powerful
- Denouncing oaths changes our DNA and our destiny when we leave this matrix
- Your DNA is your life script

Point 7: Belief systems

- They determine your matrix life script
- If your belief system is dominated by religious beliefs, over time, you will suffer more.
- If you don't accept man's religion, but you accept the teachings of the matrix, you and your family will suffer less over time.
- If no one believed that God would never receive them, no one would ever alter God's creation... We are angry with God and change creation in order to force God to come "out of the clouds."

- We are all connected by energy; it is just that through false beliefs, we become disconnected from God and from each other.

Point 8:

- Over seven days, do this exercise
- Be sincere
- Be grateful
- Do not forgive anyone while you are doing the exercise. If you do, then ask God to forgive you for forgiving that person and take it back.

Point 9:

- Continue to listen to this broadcast to gain more truth so that you can take it with you when you leave here. (This statement only implies that you are grooming yourself leaving this planet where, hopefully, you enter another 100% free will human experience where you can do things differently. It's all about reprogramming your software. This does not imply that you give up on life and you commit suicide. Bryan does not wish for you, under any circumstances to join cults/fanatical groups and/or commit suicide or cause others to commit suicide. This is a firm request by the Spiritual Council of the light.)
- As you follow this journey, prepared that many of the people you considered friends will abandon you because you are getting prepared to go somewhere else.
- The goal is to go to a better place after this; there are better places than here.
- Earth is a karmic melting pot; we don't want to stay here.

If you are struggling with this, Bryan will offer appointments to those individuals who have been approved by the Spiritual Council. Call Bryan's office at (905) 770-9200.

Many of you will be helped. After you have done the healing, Bryan will ask God to do a blanket clearing of all the bad energy that has come off those who have successfully done this healing. Over the next year, Bryan will do a clearing every week for new people coming to this broadcast to do the healing.

Donations are gratefully accepted. Bryan is seeking to raise \$5 million to support his research projects and his efforts. Please donate generously by calling (905) 770-9200.